

# Historic Papers Series

## From the Fourth Congress of the IAAP, Zürich, 1968 The Destiny Concept in Psychotherapy

by *Edward C. Whitmont*

### With Commentaries

by *George B. Hogenson and Pia Skogemann*

#### Introduction

The following is a republication of a paper delivered at the Fourth Congress of the International Association for Analytical Psychology, in Zürich, 1968. The author, Edward C. (Christopher) Whitmont, was a major contributor in the introduction of analytical psychology to United States and a leading figure in the New York community of Jungian analysts for over fifty years. He held numerous positions in the New York Institute and the NYAAP and is the author of several books, *The Symbolic Quest*, from 1969, being perhaps the best known.

The two comments on Whitmont's paper are by contemporary Jungian analysts. Pia Skogemann is active in the Danish Association and George Hogenson in the Chicago Jung Institute (see separate biographies). Their readings focus on the sources for Whitmont's argument of an unfolding archetype of the self and its clinical implications. As Hogenson puts it, the idea that destiny is "a relationship in time that can best be termed a calling from the future" touches upon questions how meaning is established. These questions are a concern for all clinicians, even if new research and new theories have evolved since Whitmont's paper.

Christopher Whitmont was born in Vienna in 1912 and received a medical degree from the university there in 1934, shortly before immigrating to the United States. The paper was made available to the JJTP by Sylvia Perera of the C. G. Jung Institute of New York, for many years Whitmont's wife, colleague, and collaborator (on the book *Dreams, A Portal to the Source*, from 1989, among others).

The Editor

